

Suggested Use: One capsule in the morning, and another at night. **Storage:** Keep tightly closed at room temperature. **Caution:** Please keep all supplements out of childrens' reach.

Supplement Facts

Serving Size: Two capsules

Ingredient		Amount Per Serving	% DV
Black cohosh	[2.5% deoxyactein]	40 mg	*
Kudzu root	(40% isoflavones)	40 mg	*
Chaste tree	[5% flavones]	100 mg	*
Dong quai	[1% lingustilides]	48 mg	*
Eleuthero root	[.8% eleutherosides]	40 mg	*
Burdock root	[4:1 extract]	120 mg	*
Poria cocos	[40% b-pachyman]	40 mg	*
Motherwort flowers	[4:1 extract]	60 mg	*
White peony root	[1% paeoniflorin]	12 mg	*
Wild yam root	[6% diosgenin]	40 mg	*
Rehmannia root	[1% catalpol]	24 mg	*
Asparagus root	[40% saponins]	40 mg	*
Coleus forskolii root	[10% forskoliin]	100 mg	*
Hesperidin	(from citrus)	650 mg	*
Gamma oryzonol	[from rice]	65 mg	*

* Daily Value not established

Other Ingredients: Cellulose, water.