

Supplement Facts

Serving Size: 2 Tablets

Servings Per Container: 30

Suggested Usage: One tablet before breakfast, and another after lunch, or two tablets after breakfast or lunch.

Ingredient		Amount Per Serving	% DV
Vitamin B-3	(niacinamide ascorbate, inositol hexanicotinate)	45 mg	225
Vitamin C	(niacinamide ascorbate)	60 mg	100
Nootropic (brain) Nutrients			
Monatomic trace elements		147 mg	*
Phosphatidylserine		90 mg	*
Phosphatidylcholine		90 mg	*
GABA (gama amino butyric acid)		54 mg	*
Glycerylphosphorylcholine		45 mg	*
Proprietary Superfood and Herbal Extract Blend			
Spirulina plantesis		360 mg	*
Barley grass juice concentrate	(33:1 concentrate)	90 mg	*
Polygala tenuifolia root	(10:1 full spectrum extract)	54 mg	*
Ginkgo leaf	(50:1 full spectrum extract)	45 mg	*
Bacopa herb	(25:1 full spectrum extract)	45 mg	*
Evodia fruit	(10:1 full spectrum extract)	45 mg	*
Rehmannia root	(18:1 full spectrum extract)	45 mg	*
Ashwagandha root	(12:1 full spectrum extract)	30 mg	*
Mucuna pruriens seed	(40% l-dopa)	27 mg	*
Asparagus root	(40% saponins)	27 mg	*
Schizandra fruit	(9% schizandrins)	27 mg	*
Dong Quai root	(10:1 full spectrum extract)	27 mg	*
Acorus root	(8:1 full spectrum extract)	27 mg	*
Salvia root	(8:1 full spectrum extract)	27 mg	*
Lycii fruit	(10:1 full spectrum extract)	27 mg	*
Platycodin root	(5:1 full spectrum extract)	27 mg	*
Celastrus paniculata resin	(20:1 full spectrum extract)	3 mg	*
Total Whole Food/Herbal Value		12,924 mg	*

* Daily Value not established

Other Ingredients: Lemon balm and sage essential oils, cellulose gum, magnesium stearate, silicon dioxide. **Storage:** Keep tightly sealed in a dry place. **Caution:** Please keep all supplements out of children's reach. This product contains Ginkgo biloba. Those on blood thinning medications should have their blood monitored while using it.