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Salvia Miltiorrhiza

Salvia miltiorrhiza, also known as *dan shen* or Chinese red sage root, has a long history of usage in Chinese medicine. It has become an especially important herb in modern Chinese clinical practice. As early as 100 A.D., *Salvia* was documented as having beneficial properties as a cooling herb (helping to dispel excess heat) and was used for relieving blood stagnation and enhancing blood circulation. *S. miltiorrhiza* is part of the genus *Salvia*, of which *Salvia officinalis* (cooking sage) is a more commonly recognized member. Plants from the genus *Salvia* belong to the mint family, *Lamiaceae*, which also includes oregano and basil.

Another member of the genus *Salvia*, *Salvia divinorum*, has been in the news lately and has been receiving negative press as plant with hallucinogenic properties. While it has been sold over the counter for many years in the United States, only recently have young people discovered that it may be smoked as an hallucinogen.

The hallucinogenic properties of *S. divinorum* stem from Salvanorum-A, an unusual triterpene that is not present in *S. miltiorrhiza*. EnergyPlus™, 4 Way Brain Support System™, Vision Cellular Support System™, LifeEssence™ Men's Formula and LifeEssence™ Women's Formula contain the *S. miltiorrhiza* that is the magnificent healing herb from China. Every lot of our *S. miltiorrhiza* is tested according to methods developed by the American Organization of Analytical Chemists, so that there is no chance of potentially using the wrong species of *Salvia*.